## **Breakfast**

Breakfast is served in the breakfast room between 8.00am and 9.00am. An earlier breakfast can usually be arranged upon request.

We offer a choice of breakfast dishes which are cooked to order, and every effort is made to accommodate special dietary conditions including vegetarians, vegans, and celiacs. Where possible, we source the best locally produced and sustainable ingredients.

Guests are asked to inform us when booking of any special dietary requirements or allergens.

## Sample of Breakfast Menu

Fruit juice Fresh fruit salad Natural Yoghurt Cereals Porridge

Freshly cooked Welsh Breakfast which can include all or a selection of the following: - Bacon, Sausage (or vegetarian option), Eggs – (fried or scrambled or poached), Grilled tomato, Mushrooms, and Baked beans.

or Eggs either scrambled or poached on toast. or Boiled eggs

Tea or coffee
Toast white or brown.
Selection of homemade preserves